

# Winter holiday checklist

Jetting away on a chilly city break? Or off for skiing, snowboarding or winter sports? Here's what you need to bring.

- Thermals
- Waterproof warm coat and trousers
- Ski mask
- Gloves and thick socks
- Lip balm
- Good boots
- Insurance that covers you for winter sport
- Sun block (SPF 50+) for the slopes
- Plenty of layers