

Your pre-travel checklist

Preparing for your holiday should be exciting, not stressful. To make sure you have everything you need, with none of the worries, we've created this easy to use pre-travel checklist.

This list is a good starting point for everything you need to remember, including what to pack, and what to plan two weeks, one week, and one day before you fly.

Plan

As soon as possible...

- Arrange for pets to be looked after
- Vaccinations (if necessary)
- Travel insurance
- Tourist visa (if required)
- Research sights, restaurants, and activities
- Book airport parking at Heathrow with [Good To Go](#)

One week before...

- Check in to flight online and print boarding pass
- Foreign currency/travellers cheques/travel credit card
- Confirm hotel details
- Arrange for transfer from destination airport to hotel
- Check mobile phone data roaming plan

One day before...

- Out-of-office email
- Check baggage allowance
- Set alarm clock for the day of travel
- Set security alarms
- Turn off timed heating
- Empty fridge of perishables
- Download useful travel apps - weather, public transport, TripAdvisor, etc.

Pack

The essential items...

- Passport
- Boarding passes
- Foreign currency
- Sunblock
- Travel shampoo & conditioner
- Travel toothpaste and toothbrush
- Deodorant
- Camera (and memory card and charger)
- Something good to read
- Comfortable shoes
- A lightweight waterproof jacket
- One smart outfit
- Swimwear
- Guidebook
- Phone charger
- Plug adapter
- Eye-mask & earplugs
- Painkillers and any required medication
- A change of clothes for each day of the trip, plus one spare

